

BALL HITTING PRACTICE APPARATUS

Abstract

5 A ball hitting practice apparatus for use by
a hitter is provided. The ball hitting practice
apparatus includes a substantially rigid member having
a first end and a second end, a hinge capable of
suspension from a frame and attached near the first end
of the rigid member such that the rigid member rotates
10 about a substantially horizontal axis, and a ball
mounting assembly suspended from the second end of the
rigid member. Methods for using and making the ball
hitting practice are also provided.